UC Synergy

Hospitals and Clinics News

University of California · San Francisco

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A Year-End Message From The Director

I welcome this opportunity to extend warm Season's Greetings to our Hospitals and Clinics employees and staff and their families.

For all of us the past year has been challenging in many ways. Throughout 1972, this was the busiest medical center in California, both in percentage of occupancy and in utilization of services.

We experienced a major strike, but during those difficult weeks were able to maintain quality patient care and services —a credit to all of you.

We progressed in the continuing effort to improve our facilities. The new Clinics Building is now nearly completed; the business and admitting offices have been totally renovated; Radiology is under construction, and, to the extent that funds are available, we are proceeding to install carpeting and replace furnishings in many patients' and visitors' areas.

We are grateful to the UC Hospitals Auxiliary for providing countless comforts and amenities which otherwise would not be possible, and we owe a special debt of gratitude to our volunteers for their many thousands of hours of contributed services.

We shall miss the leadership of Chancellor Philip Lee, always a strong advocate of the Hospitals and Clinics; but we welcome the opportunity to work with Chancellor Francis A. Sooy, who for many years has been deeply devoted to our goal of ever-increasing quality of patient care in this educational setting.

The passage of the Health Sciences Facilities Bond Issue will help to speed the long-awaited Hospitals' Modernization Program, and will increase the output of health profession manpower on this campus.

In summary, we can look forward with a great deal of optimism to the months ahead. At the same time, being realistic, we can anticipate certain problems.

All patient care programs, here and elsewhere, are undergoing ever-increasing external pressures, from the public, from Federal and State governments, and from insurance carriers. Much of the pressure involves cost containment, and intelligent use of our expensive and vital resources. Teaching hospitals and ambulatory care services will be obliged to compete effectively within the larger health delivery network.

Our dedicated full-time and clinical faculty physicians, house staff and employees will be severely tested as we attempt to respond and, indeed, guide this valuable enterprise through the web of regulatory mechanisms. The public must be persuaded that university centers are instruments that render vital health care services in an atmosphere of scientific inquiry and student-faculty interchange.

I remain enthusiastic about our prospects for 1973. We have strength and conviction and the capability of success.

Robert A. Derzon
Director,
Hospitals and Clinics

It's Tree Trimming Time

Volunteers decorate the tree in UC Hospital lobby.

REHABILITATION UNIT

For Each Gain One Makes, Everyone Rejoices

Residents feel they are really a part of things because the staff tells them how, not what, to do.

There's a team of beautiful people helping others to triumph over disabilities in UC Hospital's third floor Rehabilitation Unit, affectionately known as "3-A."

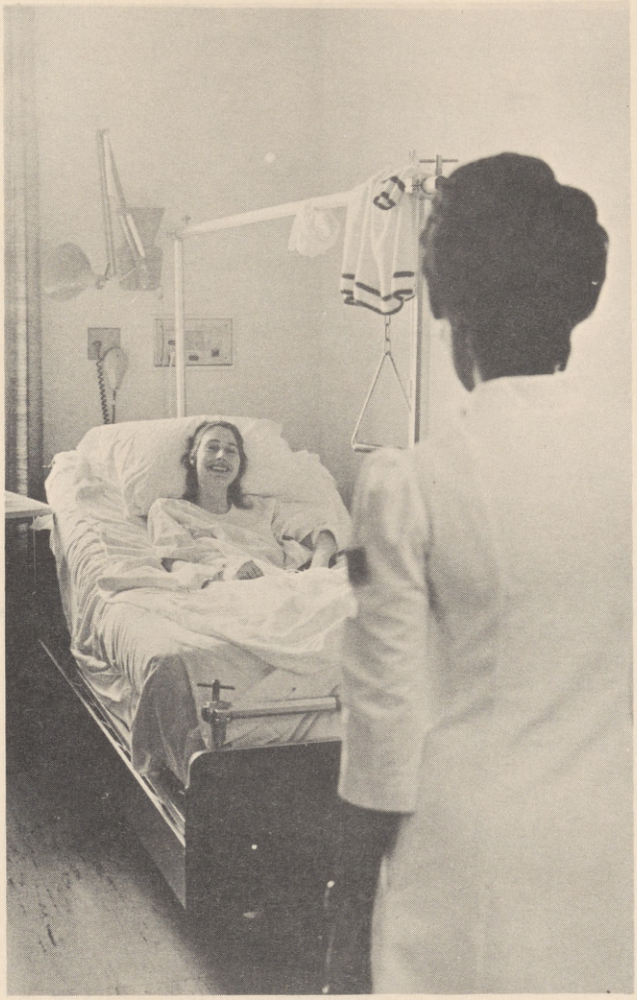
Occupants of the unit, which has nine private bedrooms, are called "residents," not patients. The emphasis is on caring for oneself rather than being cared for.

The average stay is two to three months, and the disabilities can include spinal cord injury, stroke, rheumatoid arthritis, and loss of limbs.

Residents put in a full day of exercises and therapy in the cheerful solarium under guidance of nurses, therapists and other members of the rehabilitation team. With each gain one makes—such as standing in braces or walking for the first time—the others rejoice and work harder than ever.

Mealtime is shared in the unit's own dining room and there are a small kitchen and a laundry room with washer, dryer and ironing board. These facilities are provided both as a convenience and as an added means of helping residents to learn independence.

The staff listens to you
and lets you set your limits.
At the same time
they are behind you,
pushing you,
which everyone needs.



Whoever wakes you says "good morning" in a pleasant voice. This is a good way to start the day.

The closeness helps a lot.

The spirit of sharing—which goes on all year round in our Rehabilitation Unit —is depicted in the sensitive photos featured on these pages of our Christmas issue. They were taken by John Haralson, of the UCSF Publications Office, and are among the illustrations appearing in the recently published booklet, "Rehabilitation." This booklet is being given to residents of the Rehabilitation Unit.

To Our Friends: Thank You

Your gifts to the UCSF Hospitals and Clinics are acknowledged here. They are warmly appreciated in whatever category they were made.

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PROPOSITION 2 VICTORY

Proposition 2, the Health Sciences Facilities Bond Issue, carried by 61 percent of the vote in California.

Of the almost $30,000 netted by the Gala Fund Raising Event in the Carnelian Room of the Bank of America World Headquarters Building, over $6,000 was raised by the UCSF Hospitals and Clinics employees. This was the largest amount raised by any single entity on the UCSF campus to help the Bond Issue.

Your Christmas Gift Can Help In Many Ways

Here is an opportunity to honor people on your Christmas list with a meaningful gift. On a separate sheet, list their names and addresses. Clip and attach the coupon on which you have indicated the category and amount of your tax-deductible gift. Those you have chosen to honor will receive prompt acknowledgment of your thoughtfulness, or a Christmas acknowledgment if you so indicate.

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